



Republic of the Philippines

Mountain Province State Polytechnic College

Bontoc, Mountain Province

## **NURSING DEPARTMENT**

### **TERMINAL REPORT**

#### **I. GENERAL INFORMATION**

Training Title: **P.E.A.C.H. In Partnership with DEP-ED: Biometric Assessment Deworming and Reproductive Health Support Activities in Betwagan Elementary School and Betwagan National High School**

Facilitators	: Annie Lourie Y. Paredes : Mary Galingan (school nurse) : Rita Wanawan (school nurse)
Resource Persons	: BSN Faculty and Level 4 BSN Students
Participants	: Students and Teachers of Betwagan Elementary School and Betwagan National High School
Venue	: Betwagan Elementary School; Betwagan National High School, Betwagan, Sadanga, Mt. Province
Date	: January 28-29, 2020
Budget Requirement	: P 5,979.00
Source of Fund	: Internal: 2, 735.00(Supplies and Materials -RDE) : External:3,244.00 -Dep-ed Total: P 5979.00

#### **II. NARRATIVE REPORT**

The Department of Nursing extension agenda is anchored on the **HERITAGE** Program of the college particularly under Excellent Researches and Extension Programs. In **PEACH**, the BSN department's extension briefer, our activities with Dep-ed on biometric assessment and deworming / reproductive health support is encompassed in our **(P) Primary Health Care** and **(E) Education** of our program and our services.

The Biometric Assessment is our TNA activity, in support with the Dep ed program of providing our iron and folic acid supplements to our elementary and high school students in Betwagan.

For 2 days, we catered to 520 students in getting their height, weight, and BMI. Blood pressure taking was done to high school student and to all teachers. Prior to giving our folic acid ad ferrous S04, we had our lecture on personal hygiene to our elementary pupils and introduction to reproductive health to our high school students.

The result of the height, weight, showed students who are stunted, some wasted, but mostly normal. Only 1 case for overweight among elementary pupils. Bp taken showed all normal results.

#### **III. PHOTO DOCUMENTATION**





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Courtesy visit to the principal of Betwagan National High School)

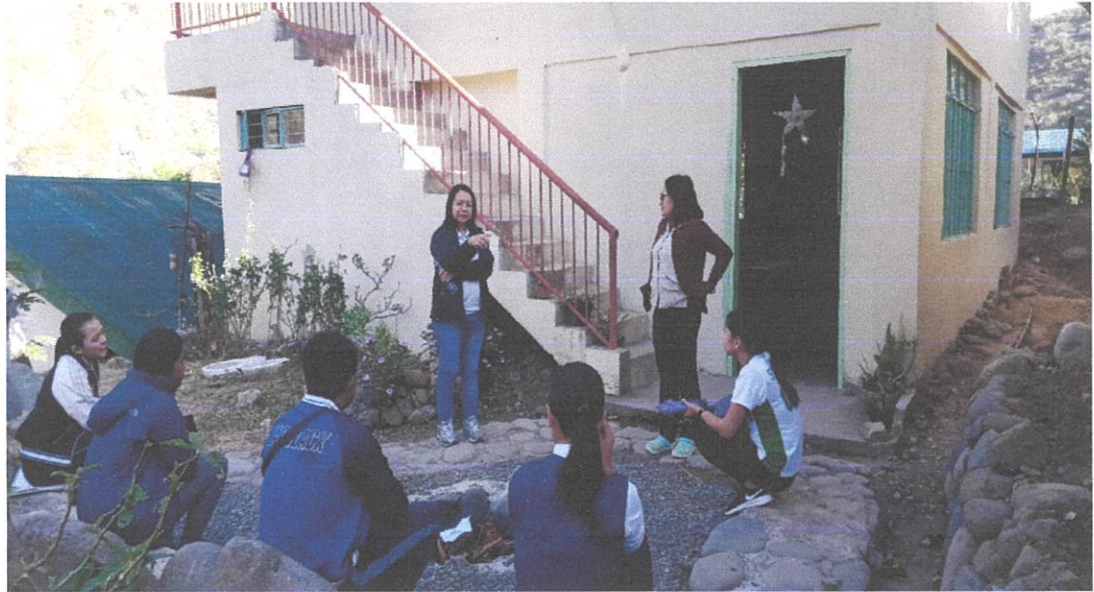


Students filling up the attendance form



Lecture on reproductive health





Discussion after every activity: Ma'am Chumenwey, BSN faculty Lourie Paredes and 4<sup>th</sup> year Nursing students



Height and weight taking



Lecture to elementary pupils.



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**IV. RECOMMENDATIONS**

There should be a regular biometric assessment of students. Conduct further researches the nutritional status of schoolchildren in Sadanga and extension activities be implemented from the research.

**V. ATTACHMENTS**


Attendance sheet

Activity design

Prepared by:

  
**ANNIE LOURIE A. PAREDES**  
*Extension Coordinator*

Noted:

  
**CATHERINE T. CHAPEYEN, RN**  
*Dean, Nursing*





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## RESEARCH DEVELOPMENT AND EXTENSION SERVICES

### ATTENDANCE SHEET

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Date & Time: January 28-29, 2020

Venue: Betwagan

No.	NAME	GENDER			UNIT/OFFICE/ DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
1.	Christian P. Agayong			M		Agayong
2.	Marcelo P. Agayong			M		Agayong
3.	Wilmer U. Agapayan			M		Agapayan
4.	Richard P. Agong			M		Agong
5.	Arbee P. Eanao			M		Eanao
6.	Eanao, Wilwin Charles L.			M		Eanao
7.	Fanengfeng Lucas M.			M		Fanengfeng
8.	Fangce Gabino E.			M		Fangce
9.	Kyle Edgong Las			M		Edgong
10.	Fleming Bayuaman			M		Bayuaman
11.	Bedong Modcharang's.			M		Modcharang
12.	William Modcharang			M		Modcharang
13.	Gerarino P. Moniten			M		Moniten
14.	Mike P. Tichingol			M		Tichingol
15.	Arnel S. Sugam			M		Sugam
16.	Nelda W. Agmayao			F		Agmayao
17.	Rose M. Agaoan			F		Agaoan
18.	Shanel F. Casinacy			F		Casinacy
19.	Juliana C. Charaga			F		Charaga
20.	Odesa M. Farangfeng			F		Farangfeng
21.	Grace K. Farangya			F		Farangya
22.	Joylyn L. Fila-en	P				Fila-en
23.	Fitayong K. Lyn	F				Fitayong
24.	Lingbawan, Dionisia K.	F				Lingbawan
25.	Jesa Matchong	F				Matchong
26.	Purificacion Mango					Mango

### CERTIFICATION

This is to CERTIFY that the above is the true and correct attendance list of the participants/facilitators/secretariat of the above-mentioned activity.

This is to CERTIFY that the meals/snacks claimed for payment by the caterer was served to the above participants.

**ELMER D. PAKIPAC**

Project Leader



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No.	NAME	GENDER			UNIT/OFFICE/ DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
27.	Mhel-Jovan T. Dasmarinas	M		M	BNHS	Mhel-Jovan T. Dasmarinas
28.	Vernon Limer P. Chaliw-as	M		M	BNHS	Vernon Limer P. Chaliw-as
29.	Scheini Agay-yong Fanao	F			BNHS	Scheini Agay-yong Fanao
30.	Edana W. Fosawil	F			BNHS	Edana W. Fosawil
31.	Judy Anne L. Fila-en	F			BNHS	Judy Anne L. Fila-en
32.	Agusto F. Fiyao-yao			M	BNHS	Agusto F. Fiyao-yao
33.	Fongafong, Montañosa A	F			BNHS	Fongafong, Montañosa A
34.	Racquel Anilem	F			BNHS	Racquel Anilem
35.	Michelle Fanao	F			BNHS	Michelle Fanao
36.	Charlie Arobia			M	BNHS	Charlie Arobia
37.	Fanasan Arman			M	BNHS	Fanasan Arman
38.	Froilan Arawig			M	BNHS	Froilan Arawig
39.	Poloris C. Owisian	M		M	BNHS	Poloris C. Owisian
40.	Gliza T. Anacho	F			BNHS	Gliza T. Anacho
41.	Akramen Thelma Y.	F			BNHS	Akramen Thelma Y.
42.	Chumil-ang Laurel C.			M	BNHS	Chumil-ang Laurel C.
43.	Amboni Marisa A.	F			BNHS	Amboni Marisa A.
44.	Ganggangan, Christpin Fanao			M	BNHS	Ganggangan, Christpin Fanao
45.	Agmaga Juliebeth Sumalbang	F			BNHS	Agmaga Juliebeth Sumalbang
46.	Tao-adi, Maryan P	F			BNHS	Tao-adi, Maryan P
47.	Marcelina Pit-oy	F			BNHS	Marcelina Pit-oy
48.	Jonaido Tumapang	F			BNHS	Jonaido Tumapang
49.	Jasmin F. Yakok	F			BNHS	Jasmin F. Yakok
50.	Jolan Lomer M. Luyapwen			M	BNHS	Jolan Lomer M. Luyapwen
51.	Domingo Kawitan					Domingo Kawitan
52.	Jordan A. Pangyan	M		M	BNHS	Jordan A. Pangyan

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No.	NAME	GENDER			UNIT/OFFICE/ DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
53.	John Chakiwag			M		
54.	Michael Chao-angan			✓		
55.	Paul Chatoren			✓		
56.	John Chinalpan M.			✓		chinalpan
57.	Romar Fanasan A.			✓		
58.	Jerry Farnaga			✓		Farnaga
59.	John Karyacho			✓		Karyacho
60.	Albert Lumadoc			✓		
61.	Trophilus Mangged			✓		Mangged
62.	ROBERT MOLINTAS			✓		
63.	VINCENT NGARAD			✓		NGARAD
64.	XANDER A. MAKCHONG			✓		
65.	DARYLE A. PIL-EY			✓		D-pil-ey
66.	Bhemboy L. Fantojao			✓		Fantojao
67.	Marlon B. Fanao			✓		Fanao
68.	Omda F. Aclipen	✓		✓		Sym--8
69.	Khari L. Carang-o	✓				
70.	Angie P. Charotag	✓		✓		Charotag
71.	Kerry Ann Fagnonod					
72.	Aurelia K. Chumitang	✓				
73.	Theodorat Farned	✓				
74.	Aprilyn Kachammang	✓				
75.	Imel Claudine S. Kamilan	✓				
76.	Gema Komicho	✓				Komicho
77.	Janice A. Lapaten	✓				
78.	Hazel P. Monoten	✓				Bontoc

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		F	LGBTQ	M		
79.	Garde Kising			M		Kising
80.	Sheila Pen-achan	F		F		pen-achan
81.	Morma Tatangil	F				Tatangil
82.	Rubylene Sin-ed	F				Sin-ed
83.	Jennifer Sacuaten	F				Sacuaten
84.	Takchangen, Janet F	F				Janet
85.	Agayong, Riker			M		Riker
86.	HARON Fred UPD			M		Haron
87.	Ferrer, C. Belan			M		Belan
88.	Anchumang Juan S.			M		Anchumang
89.	Chapiten Ramon C.			M		Chapiten
90.	Cofin Irond Eric			M		Cofin
91.	Rexmar Y. Coycoy	F		M		Coycoy
92.	Surall H. Farang feng			M		Farang feng
93.	Glemp A. Farang			M		Farang
94.	Reindy C. Tansoko			M		Tansoko
95.	John Kevin F. Kagang-o			M		Kagang-o
96.	Charlene K. Lumbe			M		Lumbe
97.	Julius N. Marnag			✓		Marnag
98.	ADRIAN S. Pitoy			✓		Pitoy
99.	Videro A. Sumalbang			✓		Sumalbang
100.	Kangiel M. Tatangil			✓		Tatangil
101.	CXXREG, NYMOM JANE T.	F				JANE T.
102.	Casingey Agusta	✓				Agusta
103.	Dominga Takilang	✓				Takilang
104.	Elira Farang	✓				Farang

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No.	NAME	GENDER			UNIT/OFFICE/DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
105.	Aracita K. Padua-os	✓				Aracita K. Padua-os
106.	Glimong	✓				
107.	Linda P. Angpeo	✓				Linda P. Angpeo
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1.	Mago T Fuchadcha			✓		
2.	Jun Hannisi			✓		
3.	Ismael Kayumfa			✓		
4.	Roland Malintas			✓		
5.	Landy Pitoy			✓		
6.	Pong-igen Jordan			✓		
7.	Neil C. Wanawan			✓		
8.	Kenneth Wapay			✓		
9.	anal-rn Cabbab	✓				
10.	Grazel Agpad	✓		✓		
11.	Fesh Fenzu	✓				
12.	Victoria Cherwaken	✓				
13.	Bemy Gacayon	✓				
14.	Christna kannisi	✓				
15.	Aprilyn Lumatac	✓				
16.	Elvira Ngichingid	✓				
17.	Annie grail Manolo	✓				
18.	Manifne Saclangan	✓				
19.	Carol Saayuan	✓				
20.	Elvira Tangkiao	✓				
21.	Vilma Tangkiao	✓				
22.	Maibel Tumapang	✓				
23.	Margarita Mangcad	✓				
24.	Jana Copas	✓				
25.	Jaimie Igayyong			✓		
26.	Sario Latayeh			✓		

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		F	LGBTQ	M		
27.	Steve F. Tagkitag			✓		Tagkitag
28.	Esteban L. Eklid			✓		Eklid
29.	Rafael H. Pano			✓		Pano
30.	Felimon Tiao-anan			✓		Tiao-anan
31.	Jerico Pangiyon			✓		Pangiyon
32.	Sherwin R. Aga-ey			✓		Aga-ey
33.	Diego N. Agpawan			✓		Agpawan
34.	Alex L. Ayyango			✓		Ayyango
35.	Delter M. Chinalpan			✓		Chinalpan
36.	Epran A. Eila-en			✓		Eila-en
37.	Jonathan N. Forayang			✓		Forayang
38.	Wilson D. Gay-yaman			✓		Gay-yaman
39.	Jetty M. Kochangan			✓	✓	Kochangan
40.	Esmael W. Mamaged			✓		Mamaged
41.	Bumarck L. Manolo			✓		Manolo
42.	Denver T. Siday			✓		Siday
43.	Stephen A. Wanawan			✓		Stephen
44.	Jordan M. Sag-as			✓		Sag-as
45.	Refina W. Akramen	✓		✓		REFINA W. Akramen
46.	Dina A. Amangran	✓				Amangran
47.	Ana S. casingey	✓				casingey
48.	Dionesia F. cherwater	✓				cherwater
49.	Marciana N. Fanao	✓				Fanao
50.	Angel Kate W. Imachog	✓				Imachog
51.	Grace Kannisi					Kannisi
52.	Elvie B. Lagayan					Lagayan

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No.	NAME	GENDER			UNIT/OFFICE/DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
53.	Frenzy T. Siday	✓				Siday
54.	Ariosan E. Macabeo	✓				Macabeo
55.	Rebecca S. Nestor	✓				Nestor
56.	Decemy Padchao	✓				Padchao
57.	Decore Palikan	✓				Palikan
58.	Pangyan, Victoria K	✓				Pangyan
59.	Pitoy Ro-Daniela S.S.	✓				Pitoy
60.	Tangawan Fely C.	✓				Tangawan
61.	Mayla Wapau	✓				Wapau
62.	Merney C. Ramakchag	✓				Ramakchag
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No.	NAME	GENDER			UNIT/OFFICE/ DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
131.	Minda T. Fayno	✓				Fayno
132.	Agustina S. Lagayan	✓				Lagayan
133.	Alfa T. Chakwao	✓				Chakwao
134.	Susan Velto	✓				Velto
135.	Octavio Molintas	✓				Molintas
136.	Daisy Mae Piley	✓				Piley
137.	Julie Ann Tafangil	✓				Tafangil
138.	Charlyn Timmatheg	✓				Timmatheg
139.	Marites Yakak	✓				Yakak
140.	Arby Eprile	✓		✓		Eprile
141.	Christian G. Asuit			✓		Asuit
142.	Paul F. Cuyay			✓		Cuyay
143.	Baltazar C. Tabuyan			✓		Tabuyan
144.	Don S. Madharang			✓		Madharang
145.	Benjamin Y. Gaoayen			✓		Gaoayen
146.	John P. Pao-an			✓		Pao-an
147.	Agustin R. Patingan			✓		Patingan
148.	Jerry K. Pok-ao			✓		Pok-ao
149.	Danny Ray Saelangay			✓		Saelangay
150.	Jason G. Lumatac			✓		Lumatac
151.	Clarence C. Pakuyay			✓		Pakuyay
152.	Marcelino Tafangil A.			✓		Tafangil
153.	Edgar Zamora P.			✓		Zamora
154.	Dandan Wapay			✓		Wapay
155.	Wansen N. Chatoan			✓		Chatoan
156.	Catalina Akromen			✓		Akromen

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		F	LGBTQ	M		
157.	JOBANDA P. CHAROTAG	F				
158.	Flora F. An-an	F				
159.	Mary Rose F. Fagsao	F				
160.	Marivic N. Forayang	F				
161.	Vanesa A. Ganyaman	F				
162.	Remy C. Gensadan	F				
163.	Rica M. Latlat	F				
164.	Leah Onda L. Katannag	F				
165.	Kemalyn F. Mahisim	F				MAHISIM
166.	Athena Mendoza	F				
167.	CATHERINE PALIKAS	F				Palikas
168.	Veronica Paloran	F				Lagunday
169.	Natividad Tangkiao	F				
170.	Josephine Taya-an	F				Taya-an
171.	Rebecca Wanawan	F				Wanawan
172.	Angela K. Chidcho			✓		chidcho
173.	Warren C. Agpad			✓		
174.	John Dave A. Amisison			✓		
175.	Berton Asuit			✓		asuit
176.	Valentine M. Agaoan			✓		Agaoan
177.	Berneluz C. Falinsoco			✓		Falinsoco
178.	Jeret A. Parrenang Reng			✓		Parrenang Reng
179.	Shake Denver S. Suyam			✓		Suyam
180.	Ryan A. Lichingan			✓		Lichingan
181.	Franzel C. Marnag			✓		
182.	Marny S. Tayab			✓		M. Tayab

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		F	LGBTQ	M		

183.	ghoache c. kis-ing			✓		• Kis-ing
184.	Allyson k. stiman			✓		• stiman
185.	Adora F. An-an	✓				• An-an
186.	AIZA K. AROBIA	✓		✗		• AROBIA
187.	Maricel P. chaliw-as	✓				• chaliw-as
188.	Narelyn c. chumit-ag	✓				• chumit-ag
189.	Marcelina T. Fagno	✓				• fagno
190.	Phoebe L. kafannag	✓				• kafannag
191.	Sepa karyacho	✓		✓		• karyacho
192.	April Love T. kayumfa	✓				• kayumfa
193.	Saturnina F. Lumatac	✓				Lumatac
194.	Myrna P. Lumiseb	✓				Lumiseb
195.	Jaira Mae M. Mamilig	✓				Mamilig
196.	April Jay T. Mango	✓				Mango
197.	Adsing c. Pakuyya	✓				Pakuyya
198.	Aprilyn N. Palikas	✓				Palikas
199.	Jay Mac A. Panguyan	✓				Panguyan
200.	Junalyn E. Pen-achan	✓				Pen-achan
201.	Luz C. Say-ap	✓				Say-ap
202.	Grace C. Tangkiao	✓				Tangkiao
203.	Myra F. Taya-an	✓				Taya-an
204.	Junalyn R. Watting	✓		✓		Watting
205.	JUDAH ANILEM K			✓		ANILEM K
206.	Dante F. Ayao-ao			✓		Ayao-ao
207.	Ever L. Ayyango			✓		Ayyango
208.	Jupiter A. Cap-is			✓		Cap-is

### CERTIFICATION

This is to CERTIFY that the above is the true and correct attendance list of the participants/facilitators/secretariat of the above-mentioned activity.

This is to CERTIFY that the meals/snacks claimed for payment by the caterer was served to the above participants.

**ELMER D. PAKIPAC**  
Project Leader