

Republic of the Philippines

Mountain Province State Polytechnic College Bontoc Campus

TERMINAL REPORT

Training Title

: ACTIVITY ON DRUG EFFECTS AND VIOLENCE

AGAINST WOMEN AND CHILDREN

Extension Component:

Extension Program

SUSTAINING VIBRANT COMMUNITY THROUGH

PUBLIC SAFETY ADVOCACY Criminology Extension

Program

Cooperating Agency

: Saclit National High School and Betwagan

National High School

Implementing Department

: Criminology Department : Criminology Department

Trainers/Speakers
Actual No. of Participants

: Based on Attendance Sheets

Actual Venue

: Saclit National High School and Betwagan

National High School

Actual Date of Implementation

: December 5-6, 2018

No. of Training Days

: 2 days

Source of Fund MPSPC

: MPSPC

Total Budget Requirement

DATE: JAM. 17,2019 BY: EMMIE-PDE

Executive Summary

Abusive use of drugs has a lot of adverse effects. It does not only affect the user himself but affects the family and community as a whole. In extreme cases, the use of drugs often drives the user to commit a crime.

The situation of drug-related cases in the Philippines is increasing by the day. This is evidenced by the number of suspects being arrested by the police and other government agencies as read on the newspapers and watched in the news.

In an effort to help prevent such a disturbing sight in our town and the neighboring barangays and municipalities, the school with the active participation of the Criminology department has launched a series of information campaign/ seminar on drugs, its effects and preventive tips.

Research shows that Sadanga residents are not so much aware on the effects of drugs considering its remote location. To instill awareness on them, some Criminology Faculty members coordinated with the head of the schools of Saclit Sadanga National High School and Betwagan National High School to conduct information dissemination/seminar relative to the ill-effects of crime to include violence against women and children. The audience were the students and the teachers themselves.

The seminar ended with an open forum where students/participants were given the chance to ask questions on the topics discussed.

Problems encountered, Action taken and recommendation

Attachments of the terminal report

- 1. Attendance sheet/Participants directory
- 2. Photo d
- 3. Documentation
- 4. Certificates
- 5. Approved Activity design

6. Evaluation summary

Prepared by:

ALBAN FANAO

Noted by:

ELMER D. PAKIPAGE Extension Director

Extension Saclit National High School



Sir Parocha explaining the different effects of drugs



Sir Botengan explaining the causes of drug addiction



Ma'am Raquel explain VAW-C to the students



Sir Maskay discussing preventive measures about drug use and drug user



Students of Saclit National High school

Extension in Betwagan



Sir Parocha introducing the speakers and his topic about effects of drug abuse



Causes of drug addiction is being explained by Sir Botengan



VAW-C is discussed and introduced by Ma'am Raquel



Staff that went to Butwagan National High School





Picture taking with the students after the program

SACLIT NATIONAL HIGH SCHOOL ATTENDANCE SHEET ON THE SYMPOSIUM ON THE EFFECTS OF DRUGS AND VIOLENCE AGAINST WOMEN AND CHILDREN

DATE: DECEMBER 5, 2018

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Republic of the Philippines Department of Education Cordillera Administrative Region Division of Mt. Province

BETWAGAN NATIONAL HIGH SCHOOL

Betwagan, Sadanga Mt. Province

Gender and Development- Violence Against Women and Children Symposium

ATTENDANCE SHEET

December 6, 2018

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Education is the most powerful weapon which you can use to change the world.

....Nelson Mandela

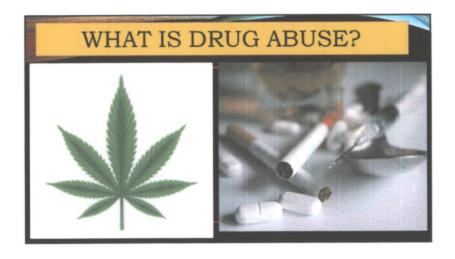
EFFECTS OF DRUG ABUSE

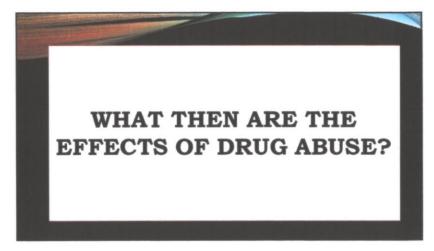
WHAT IS A DRUG?

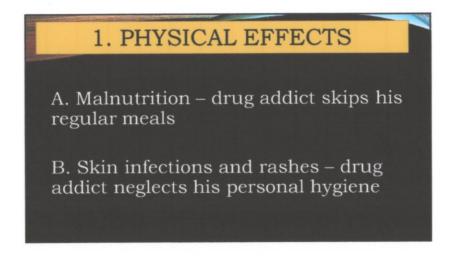
- A substance, other than food and water that is intended to be taken or administered for the purpose of altering, sustaining or controlling the recipient's physical, mental or emotional state.

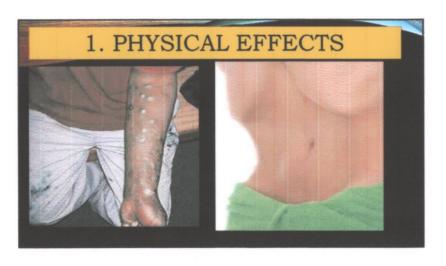
WHAT IS DRUG ABUSE?

__It is the illegal, wrongful or improper use of <u>any drug.</u>

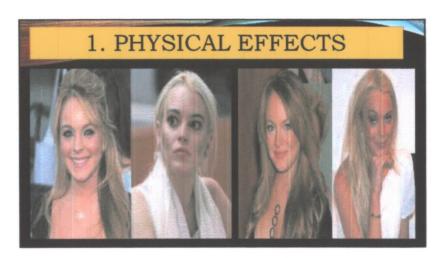


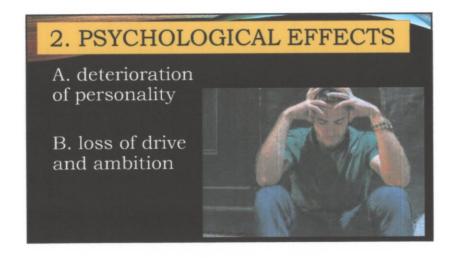


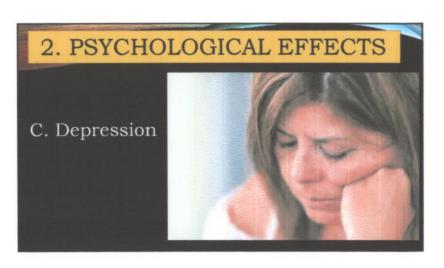














D. loss of interest to study

E. laziness, lethargy, boredom and restlessness



2. PSYCHOLOGICAL EFFECTS

F. irritability, rebellious attitude

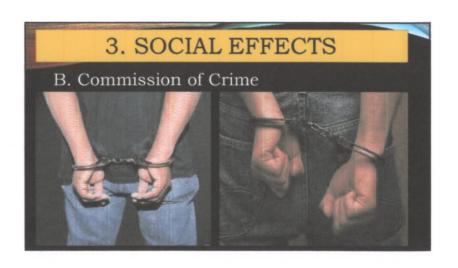
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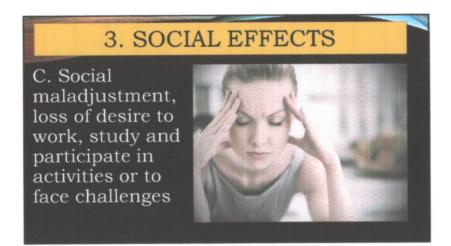


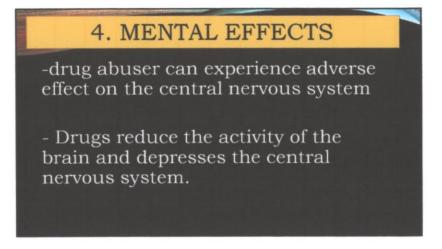
3. SOCIAL EFFECTS

A. Deterioration of interpersonal relationship and development of conflict with authority.

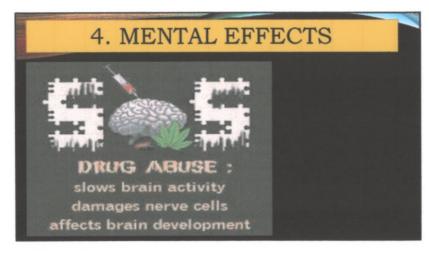








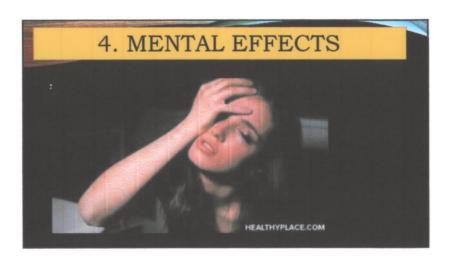




4. MENTAL EFFECTS

-deterioration of the mind.

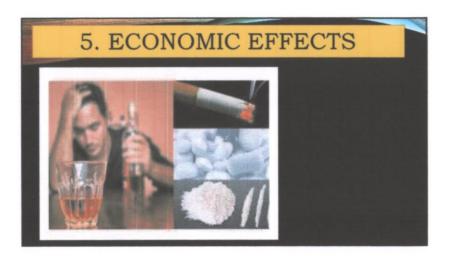
- dependent is a "mental invalid", in the sense that drugs can manipulate him, make him lose his power, and prod him to behave contrary to what he usually think right.



5. ECONOMIC EFFECTS

a. Inability to hold a stable job

-It is impossible for a drug abuser to hold a steady job since he spends all his time and money on drugs.

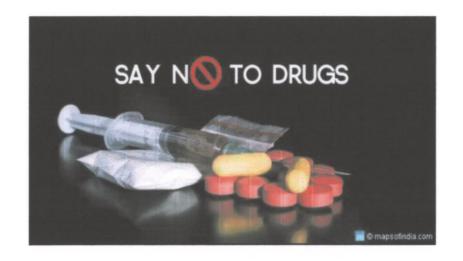


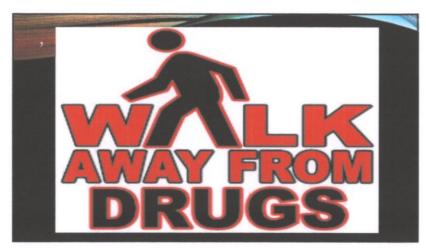
5. ECONOMIC EFFECTS

- b. Dependence on family resources
- Instead of contributing to the economic stability of the family, a dependent becomes economic burden, besides depending on the family for his basic necessities, he also has to rely on the family resources to provide him money for the support of his expensiveness habit.

5. ECONOMIC EFFECTS

- c. Accidents in industry
- In a state of agitation or dullness of the mind as a result of the drug ha has taken, the dependent becomes careless and losses concentration on his job. Consequently, an accident may occur which may adversely affect.

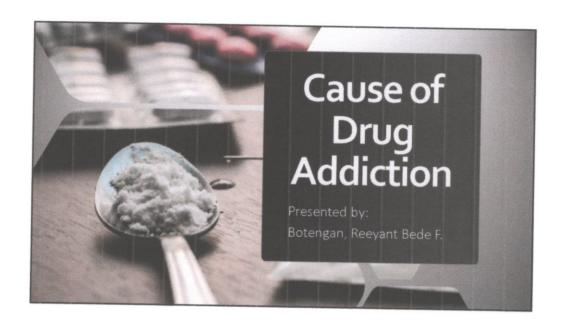


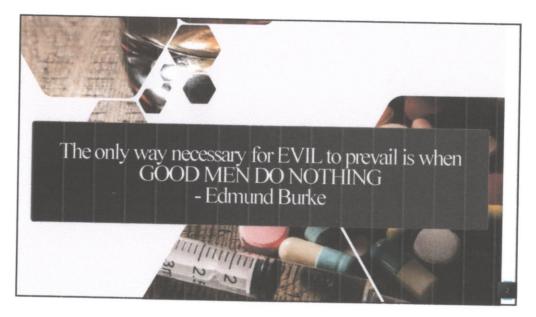


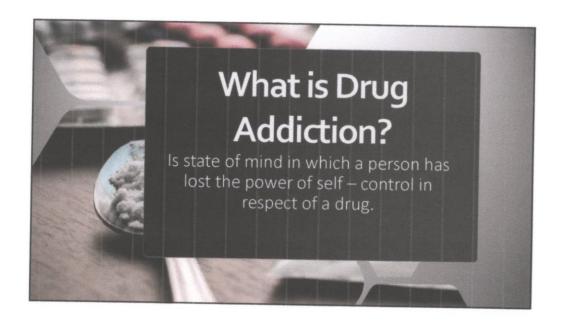


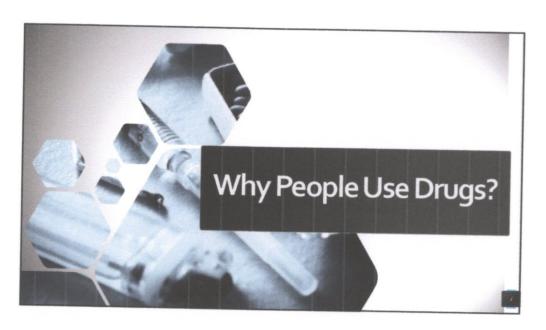
Drugs are a waste of time. They destroy your memory and your self-respect and everything that goes along with your self esteem.

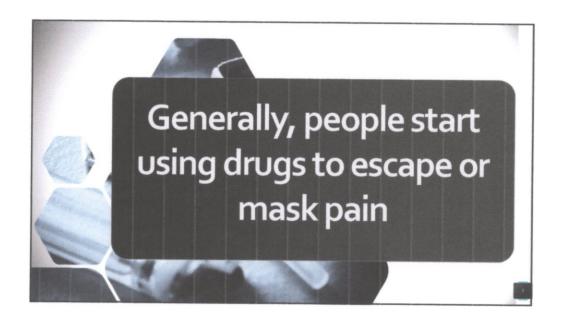
....Kurt Cobain



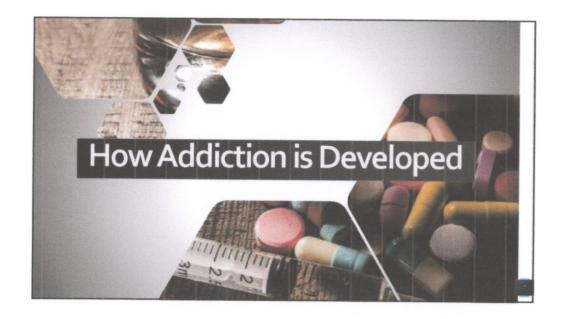


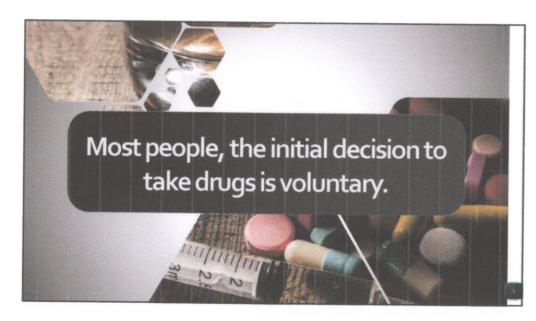




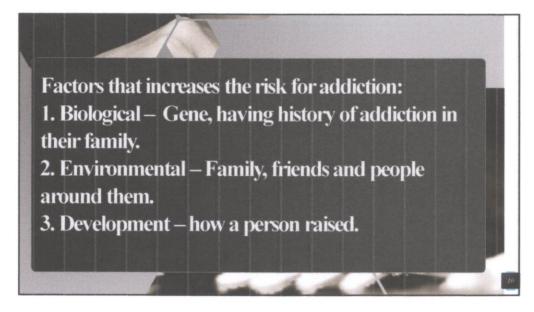


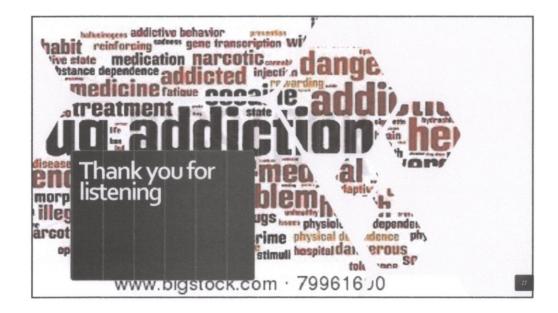












Explanation of the slides in the Power Point

(Slide #4)Why People Use Drugs?

While specific incentives differ from person to person, generally speaking, people start using drugs to escape or mask pain. In some individuals, the onset of drug use can be from untreated psychiatric issues including anxiety and depression.

The rush of pleasure from using drugs can provide temporary solace from suffering, which can originated from many mental health or other issues including the following:

- Trauma or abuse

- Relationship problems

- Mental illness

- Loss of a loved one

- Low self-esteem

- Stress

- Poverty

- Chronic pain or medical conditions

But whatever their reason for starting, once addiction sets in, and the disease usually spirals more and more out of their control.

(Slide #7) How Addiction is developed

For most people, the initial decision to take drugs is voluntary. But as they are swept up into the cycle of addiction, the neural pathways in their brain change so they are less able to control their behavior and resist their intense impulses.

It works like this: the brain rewards pleasurable experiences (such as food, intimacy, and laughter) with surges of feel-good chemicals like dopamine. But using drugs triggers the release of *much* more dopamine than chocolate or cuddling does, and the rush of euphoria compels them to repeat the experience. The more someone uses drugs, the more they condition their brain to anticipate the same substance-fueled pleasant sensations.

That's why it's so difficult to stop. The brain becomes wired for addiction. Eventually, one's tolerance may build so much that addictive behavior no longer provides any pleasure, and using drugs simply becomes a way to avoid withdrawal. They need drugs just to keep feeling normal.

(Slide #9)Why Some Become Addicted

Not everyone who experiments with drugs becomes an addict. There's no single factor that can predict whether someone will become addicted, though there are general social, biological, and environmental factors that do increase the risk.

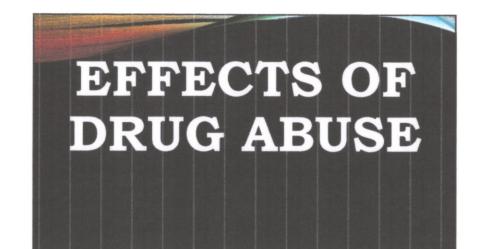
Biology. Genes, in combination with environmental factors, account for about half of a person's addiction vulnerability. Being male, African American, or having a mental illness can also increase a person's risk of progressing to addiction.

Environment. Family, friends, and socioeconomic status have a significant impact on a person's likelihood of developing an addiction. Physical and sexual abuse, peer pressure, stress, and parental guidance can greatly affect the occurrence of substance abuse.

Development. Although a person can become an addict at any age, the earlier substance use begins, the more likely it will escalate to serious addiction.

Education is the most powerful weapon which you can use to change the world.

...Nelson Mandela

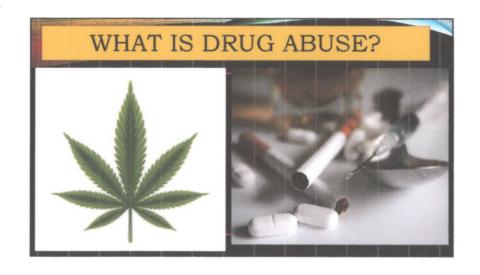


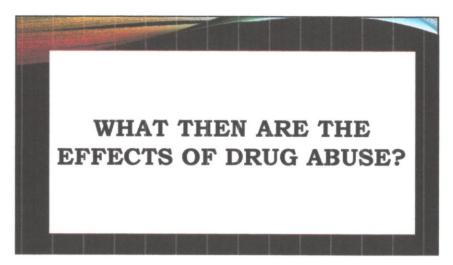
WHAT IS A DRUG?

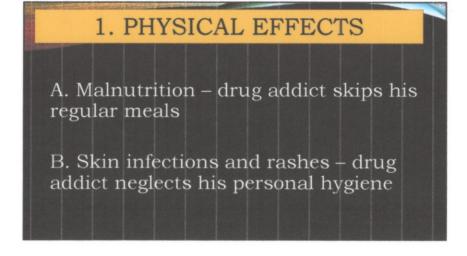
- A substance, other than food and water that is intended to be taken or administered for the purpose of altering, sustaining or controlling the recipient's physical, mental or emotional state.

WHAT IS DRUG ABUSE?

__It is the illegal, wrongful or improper use of <u>any drug.</u>

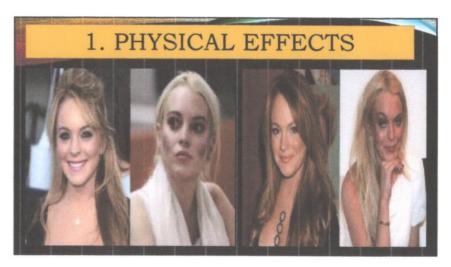


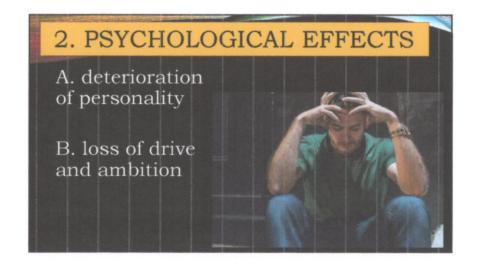


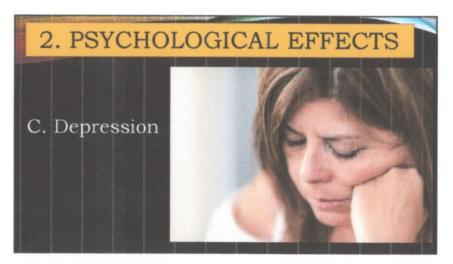


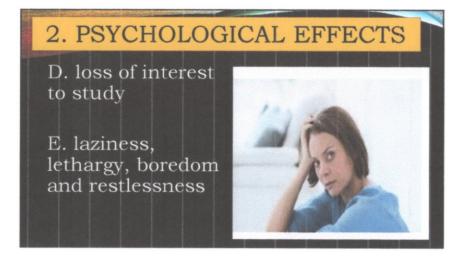


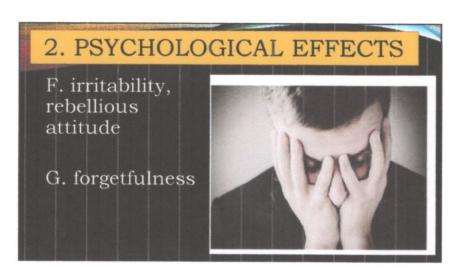


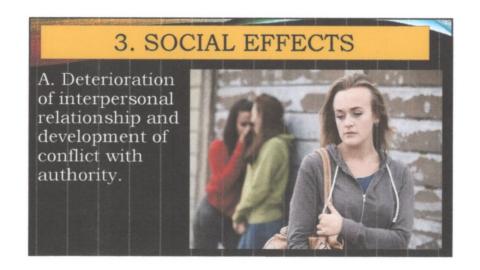


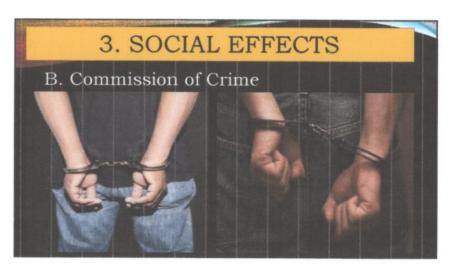


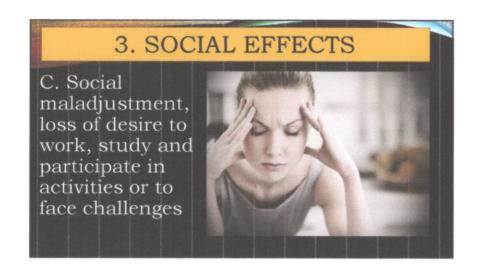


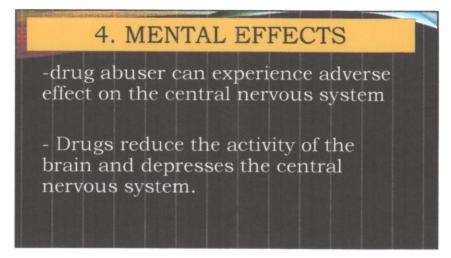


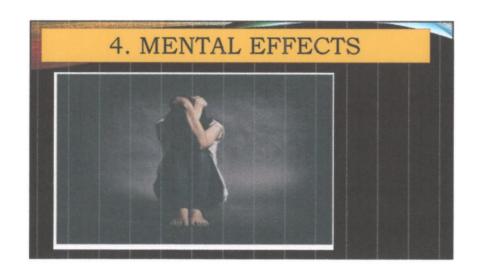


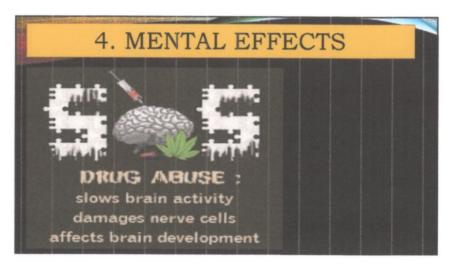












4. MENTAL EFFECTS

-deterioration of the mind.

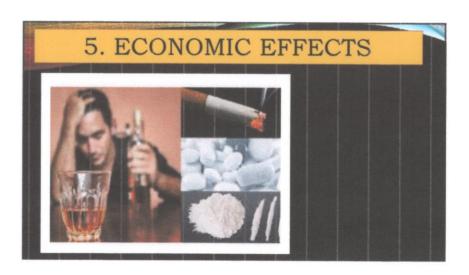
- dependent is a "mental invalid", in the sense that drugs can manipulate him, make him lose his power, and prod him to behave contrary to what he usually think right.



5. ECONOMIC EFFECTS

a. Inability to hold a stable job

-It is impossible for a drug abuser to hold a steady job since he spends all his time and money on drugs.

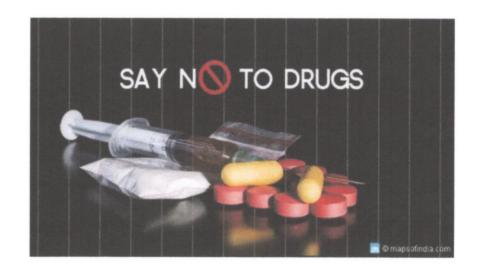


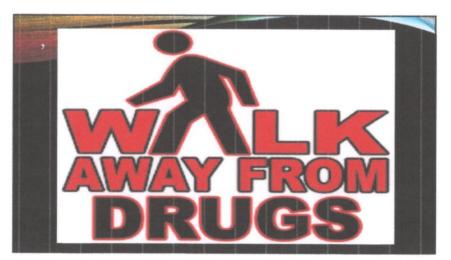
5. ECONOMIC EFFECTS

- b. Dependence on family resources
- Instead of contributing to the economic stability of the family, a dependent becomes economic burden, besides depending on the family for his basic necessities, he also has to rely on the family resources to provide him money for the support of his expensiveness habit.

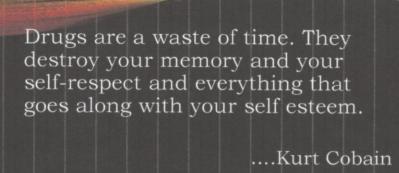
5. ECONOMIC EFFECTS

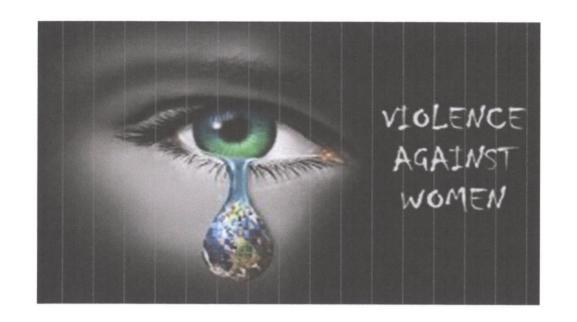
- c. Accidents in industry
- In a state of agitation or dullness of the mind as a result of the drug ha has taken, the dependent becomes careless and losses concentration on his job. Consequently, an accident may occur which may adversely affect.

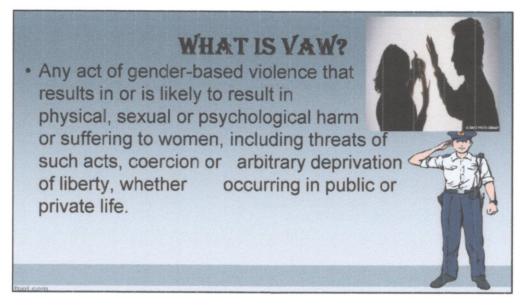


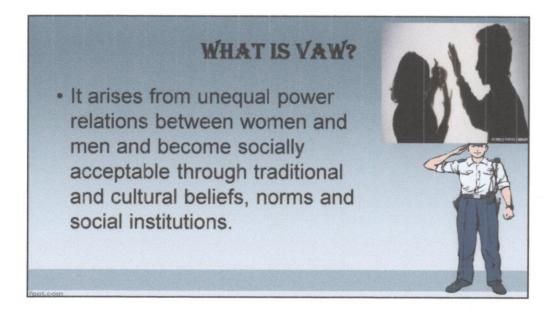


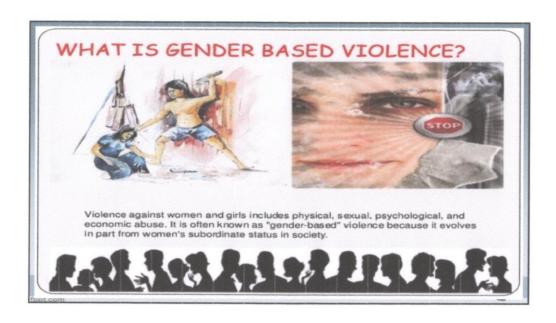








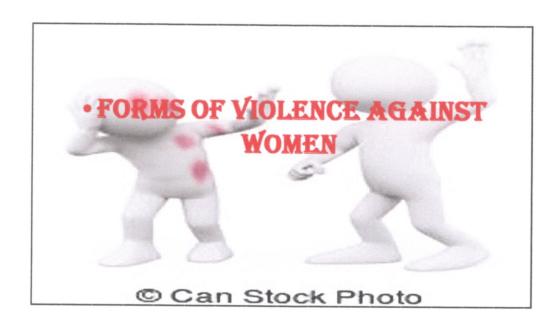




4

GENDER-BASED VIOLENCE

- The general term used to describe violence that occurs as a result of role expectations associated with women and men, the power relations between them, and specific context in our society.
- It means that women are subjected to violence or abuse because they are women.



PHYSICAL VIOLENCE

- acts that include bodily or physical harm
- It includes hitting with the fist, slapping, stabbing with a knife, murder, etc.



PSYCHOLOGICAL AND EMOTIONAL ABUSE

- refers to acts or omissions causing or likely to cause mental or emotional suffering of the victim
- It includes intimidation, isolation, harassment, stalking, damage to property, public ridicule or humiliation, repeated verbal abuse, marital infidelity, etc.



ECONOMIC ABUSE

 acts that make or attempt to make a woman financially dependent



ECONOMIC ABUSE

It includes withdrawal of financial support or preventing the woman from engaging in any legitimate profession, occupation, business or activity, deprivation of financial resources, controlling financial and use of conjugal money or properties.

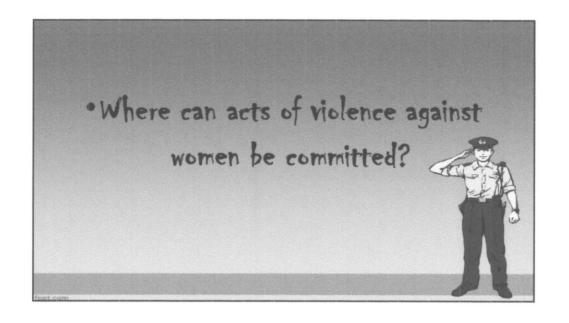
SEXUAL VIOLENCE

- an act which is sexual in nature, It includes, but is not limited to:
- a) rape, sexual harassment, acts of lasciviousness, treating a woman as a sex object, forcing her to watch obscene publications and indecent shows or forcing the woman to do indecent acts and/or make films thereof, forcing the wife and mistress/lover to live in the conjugal home or sleep together in the same room with the abuser;

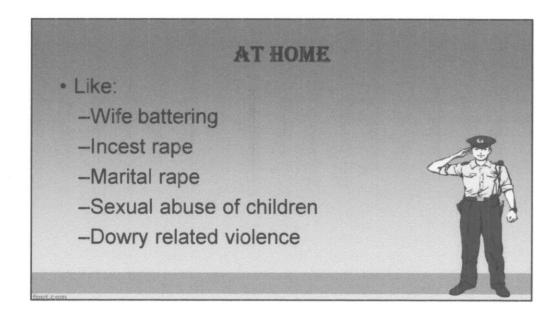
Sexual Violence

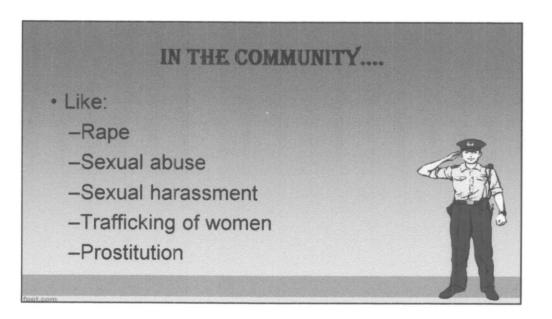
- b) acts causing or attempting to cause the victim to engage in any sexual activity by force, threat of force, physical or other harm or threat of physical or other harm or coercion;
- c) Prostituting the woman or child.

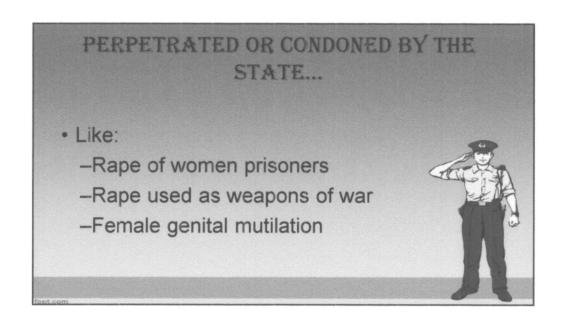


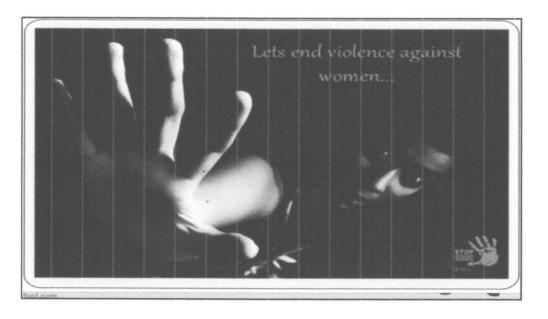


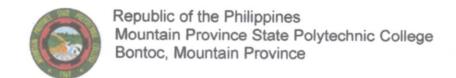












ACTIVITY DESIGN

I. ACTIVITY IDENTIFICATION

Training Title:

INFORMATION DISSEMINATION ON DRUGS, SUBSTANCE

ABUSE AND ITS PREVENTION

Nature of Activity

: Information Dissemination

Implementing Department: Criminology Department

Activity Coordinator

: Alban C. Fanao

Participants

: Communities of Sadanga

Venue

: Betwagan National High School;

Saclit National High School

Date

: November 22-23, 2018 Dec 5 6,2018

Budget Requirement

: PHP 9, 600.00

Source of Fund

: Extension Fund

RATIONALE: 11.

From Presidential Proclamation No.1192 declaring second week of November as Drug Abuse Prevention and Control Week the College Extension unit including the Criminology Department substantively extend various activities on the effects of illicit drug geared towards the prevention of drug abuse. This mandates convey that the college is mediator to make the community always healthy especially now a days that drug syndicates are using various sophisticated equipment in polluting healthy community life. Therefore, to assist in the process of addressing the pressing issue on drugs and its negative effects on people, the criminology faculty members feel the need to instil prevention of the widespread of dangerous drugs into the communities of Mountain Province.

The viability of this activity to the whole parts of the community warrant the facilitators to train partners in this endeavor to spread fast learned knowledge to the members of the community. These partners are soon community asset turning especially addict back to their normal life. With this, the activity will also be a way to assess when safety is provided to every members of the town.

III. **OBJECTIVES:**

The activity aims to:

1. Increase the knowledge of Mountain Province communities on drugs and drug abuse and the preventive measures that they could apply in controlling the use and

IV. BUDGETARY REQUIREMENT

Particulars	Qty	Unit Price	Number of days	Amount
Lunch	20 pax	120.00	2	4, 800.00
Snacks (AM/PM)	40 pax	60.00	2	4, 800.00
			Tota	1 9, 600.00

V. RECOMMENDATION AND APPROVAL:

S. BIANGDAN on, Crim Department
A P. CHUMACOG rdinator, Bontoc Campus LYNNE C. CODOD Bontoc Campus
or, Extension Unit
by:
GRAY F. EKID , Vice President
E

REXTON F. CHAKAS

President