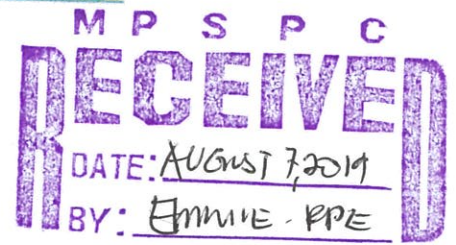




Republic of the Philippines

Mountain Province State Polytechnic College

(Bontoc Campus), Mountain Province



IN PARTIAL FULFILLMENT FOR THE REQUIREMENTS FOR THE COURSE HEALTH EDUCATION

*“Advancing **PEACH** for a Healthy Community through
Health Information Education Campaign and
Demonstration of Proper Handwashing”*



MPSPC BSN II NURSING STUDENTS

**Poblacion Sabangan Day Care Center Sabangan,
Mountain Province**

July 16, 2019



NURSING DEPARTMENT

TERMINAL REPORT

I. GENERAL INFORMATION

Activity: Advancing PEACH for a Healthy Community through Health Information Education Campaign and Demonstration of Proper Handwashing
Date & Time of Activity: July 16, 2019 (8:00a.m.-5:00p.m.)
Venue of Activity: Poblacion Sabangan Day Care center
Proponents: Fely B. Solang
Facilitators: MPSPC BSN-II Students and Nursing Faculty
Participants: Day Care Students

II. NARRATIVE REPORT

On July 16, 2019 – A total of 18 pupils together with their teacher, guardians and other community people were the participants who joined the activity.

Thus, in partial fulfillment curriculum requirement for the course Health Education, we are required to render a micro- teaching activity. We, the MPSPC BSN-II nursing students conducted an activity entitled “Advacing PEACH for a Healthy Community through Health Information Education Campaign and demonstration of Proper Handwashing” in Poblacion Sabangan Day Care Center.

Thank you to the LGU of Sabangan for allowing us to conduct this Activity in lecturing on Proper Handwashing Techniques and Good Nutrition by promotion of health as well as preventing malnutrition.

III. PHOTO DOCUMENTATION

At 7:30 in the morning, the BSN II students gathered together with their Instructor at the court of Poblacion, Sabangan, Mountain Province. Some students were air-headed on being prompt on time which caused them to be late.





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(Bontoc Campus), Mountain Province

The group proceeding to the Day Care Center for the conduction of activity.



The registration was at exactly 8:00 a.m. The program started with opening remarks of Ms. Brenda Dampag the Day Care Teacher introducing the activity to the Day Care pupils.





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Mountain Province State Polytechnic College
(Bontoc Campus), Mountain Province

Ms. Florida Dilem a BSN II student led the National Anthem.



Followed with a prayer by Ms. Johanna Andogan, also a BSN II student.





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Ms. Florita Guiked, a barangay kagawad shared her apologies for the barangay captain's unavailability and welcomed the group for the event.



An Intermission number entitled "Monkey Dance" triggered the joyful participation of the pupils portraying the different animals and their movements.





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(Bontoc Campus), Mountain Province

The group pre- evaluated the children's knowledge on the importance of handwashing. A total of 12 children claimed they knew how to properly wash their hands.



Lecture on proper handwashing by Ms. Mylene Moga





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(Bontoc Campus), Mountain Province

Followed by a video on the steps of proper handwashing. This presentation was showed to the children where they grooved with the group on the steps on proper handwashing.



Ms. Aizelle Tacut and Ms. Hyacinth Villarin, pre- evaluated the pupils on what they know about the Go, Grow, Glow foods.





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(Bontoc Campus), Mountain Province

The children participated in identifying the pictures being portrayed to them. The Go foods were introduced to be energy giving foods composed of bread, wheat, rice, spaghetti and cereal. The Grow foods were discussed to make the body big and strong which is taken from fish, meat, eggs and milk. The Glow foods on the other hand, were described to be brain foods from fruits and vegetables. The group explained the purpose of each food that was depicted. Another video presentation on the different kinds of food was showed again to the children where the group post- evaluated the children by asking the pupils to identify the pictures using pictures shown to them then lastly, re iterated that eating the proper food, they will grow healthy.





Return demonstration of the pupils assisted by the facilitators.



The participants were behaved and followed every step that was introduced.



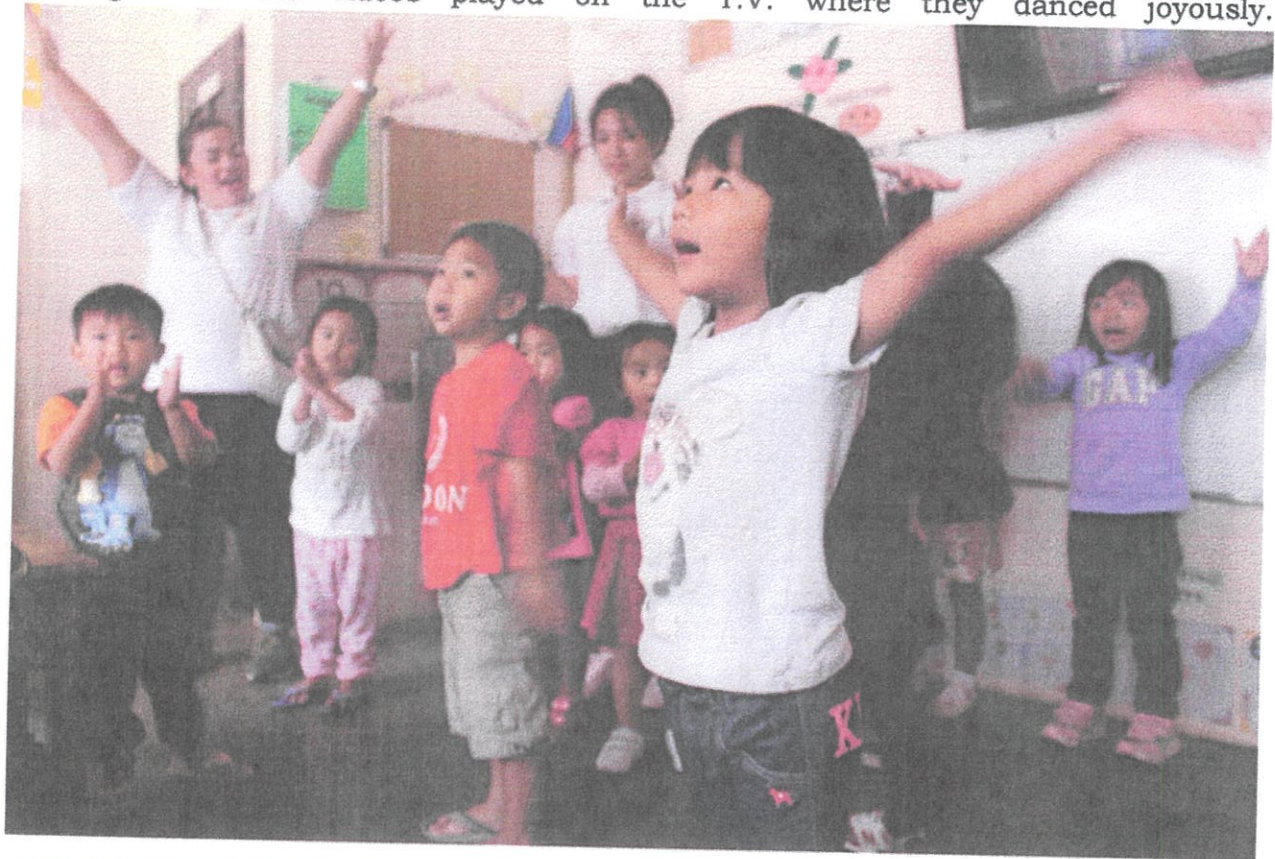


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(Bontoc Campus), Mountain Province

While some of the children were engaged on the handwashing process, the pupils entangled in the videos played on the T.V. where they danced joyously.





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(Bontoc Campus), Mountain Province

At 10:00, the participants and their teachers, together with the BSN II students and their Instructors gathered around and enjoyed the macaroni soup that was prepared by the _____ group.





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(Bontoc Campus), Mountain Province





Republic of the Philippines

Mountain Province State Polytechnic College

(Bontoc Campus), Mountain Province

After the snack time, while the children were given a 20-minute nap time, the BSN II students went outside of the room and finalized the evaluation forms. The group came back to the participants and individually assisted the children in evaluating the activity on mother tongue.





Ms. Fely Solang, our adviser closed the activity by thanking the children and the teachers for their cooperation in the event



followed by a closing prayer that was led by the day care teacher. The activity ended with a group picture taken with everyone involved.





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At exactly 12 noon the activity ended.



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(Bontoc Campus), Mountain Province

IV. RECOMMENDATIONS

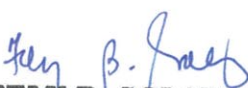
- V. Sustainability of this activity should be considered to be a paramount to orient the youth on proper handwashing and good nutrition to avoid the spread of diseases and malnutrition. Extension activities related to Health promotion should be given more attention to.

VI. ATTACHMENTS

(Program, approved activity design, attendance sheet, communication letters, evaluation forms,)

Prepared by:

Noted:


FELY B. SOLANG
Nursing Faculty

JUNE II A. KIBLASAN
Dean of Nursing



Republic of the Philippines

Mountain Province State Polytechnic College

(Bontoc Campus), Mountain Province

IV. RECOMMENDATIONS


- V.** Sustainability of this activity should be considered to be a paramount to orient the youth on proper handwashing and good nutrition to avoid the spread of diseases and malnutrition. Extension activities related to Health promotion should be given more attention to.


VI. ATTACHMENTS

(Program, approved activity design, attendance sheet, communication letters, evaluation forms, course syllabus)

Prepared by:

Noted:


FELY B. SOLANG
Nursing Faculty


JUNE II A. KIBLASAN
Dean of Nursing



Republic of the Philippines

Mountain Province State Polytechnic College

Bontoc, Mountain Province

NURSING DEPARTMENT

July 10, 2019

DR. REXTON F. CHAKAS

College President

Mountain Province State Polytechnic College
Bontoc, Mountain Province

RECEIVED

MPSPC-RECORDS OFFICE

BY: _____

DATE: 12 JUL 2019

Sir:

This is to submit the activity design for the Students' activity in applying the theories and principles they learned in their course Health Education through Information Education Campaign regarding Proper Handwashing and Nutrition. This activity will be held on July 16, 2019 at the Sabangan Day Care Center, Sabangan, Mountain Province, Bontoc, Mountain province for your perusal and approval.

Thank you very much.

Very respectfully yours,

Fely B. Solang
FELY B. SOLANG
Course Instructor

Noted:

[Signature]
JUNE II A. KIBLASAN, RN, PhD, DNS
Dean

cc: VPAA (faculty and student activity design)
VPAD (staff)
VPRDE (for RDE activities)
VPRGL (for RGL activities)
GAD (for GAD appropriated activities)
SSDO (for student activities)
Record's Office (file)



Republic of the Philippines

Mountain Province State Polytechnic College

Bontoc, Mountain Province

NURSING DEPARTMENT

ACTIVITY DESIGN

I. GENERAL INFORMATION

Activity	: Advancing PEACH for a Healthy Community through Health Information Education Campaign and Demonstration of Proper Handwashing and Nutrition
Date & Time of Activity	: July 16, 2019 at 8:00 am to 2 pm
Venue of Activity	: Sabangan Day Care Center, Sabangan, Mountain Province
Proponent	: Fely B. Solang
Facilitators	: Fely B. Solang and BSN Students enrolled in N1- Health Education course
Participants:	: Pupils of Sabangan Day Care Center
Budget	: Php 10,050.00
Source of Fund	: Extension Unit

II. RATIONALE

Instruction is one of the four-fold functions mandated by the Commission on Higher Education (CHED) to higher learning institutions like our very own Mountain Province State Polytechnic College (MPSPC). Through Instruction, faculty members will inculcate to students the appropriate Knowledge, Skills, and Attitudes in the practice of their profession in the future. One way to help students to develop these needed capabilities is through assisting them in applying in the field what they have learned from the four corners of the classroom. Their actual experience in conducting Health Information Education Campaign (IEC) integrating all the theories and principles of Health Education course will enable them to be competent in providing health services both in clinic and public health settings. The goal of Health Education course is to enable nursing students develop beginning skills in designing and implementing a teaching plan using the nursing process framework.

In relation to this, the BSN class and the course instructor plan to conduct IEC on the proper procedure of handwashing and good nutrition practices. The activity also aims to enable the nursing students implement their teaching plan applying all the theories and principles learned from the course. Hence this activity is proposed.

III. OBJECTIVES

The main objective of this activity is to conduct Information Education Campaign effectively following the principles and theories of Health Education course. More specifically, this activity aims to:

1. Discuss the concepts, importance, and benefits of proper handwashing technique and nutrition;
2. Demonstrate proper handwashing technique using appropriate teaching methodology;
3. Show the different nutritional food groups using appropriate Instructional materials; and
4. Assess the participants' learning through appropriate evaluation tool.

IV. EXPECTED OUTPUT

The expected output of the activity is a developed capability of nursing students in crafting teaching plan and conducting it through effective Health Education methods and processes.



Republic of the Philippines
Mountain Province State Polytechnic College
 Bontoc, Mountain Province

V. RESOURCE REQUIREMENTS:

A. Budgetary Requirements:

Item	Description	Quantity	Unit Cost	Total Cost
1	Snacks	50	60	3,000.00
	Lunch – 40 Participants	50	120	6,000.00
2	Supplies and Materials			
	Bond Paper (Long)	1 Ream	200.00	200.00
	Bond Paper (short)	1 Ream	200.00	200.00
	White Board Marker	2 pcs.	50.00	100.00
	Permanent Marker	2 pcs.	50.00	100.00
	Hand Soap	10 pcs.	45.00	450.00
			Total:	10,050.00

B. Human Resources

(Indicate committee members, coordinators, ushers/ usherettes, marshals, etc)

Committee/ Task	Number of Persons required	People Responsible/ Members
Coordinator	1	Course Instructor
Facilitator	10	BSN Students enrolled in Health Education Course and the Course Instructor
Secretariat	2	
Evaluators	13	BSN Students and Course Instructor for pupils evaluation Course Instructor for BSN Student evaluation

C. Supplies, Property and Equipment Requirements

Property/ Venue/ Equipment	Date to be used
1 DLP	July 16, 2019
1 Speakers	July 16, 2019
1 Microphones	July 16, 2019
1 Printer	July 16, 2019
2 Laptop (1 for Student and 1 for the Course Instructor)	July 16, 2019

VI. PROGRAM:


TIME	Topics	Speaker
8:00 – 9:00 am	Registration	
9:00- 9:30 am	Preliminaries	
	Pambansang Awit	Ms. Florida Dilem
	Prayer	Johanna Andogan
	Opening Message	Hon. Eduardo T. Palicos Barangay Captain
9:30- 9:40 am	Intermission Number	Ms. Joylen Awilan Ms. Hazel Ramo Ms. Everly Buminsao
9:40- 9:50 am	Pre-test on Handwashing	BSN Students & Course Instructor
9:50-10:30 am	Health Education on proper Handwashing <ul style="list-style-type: none"> Lecture/Discussion Demonstration and Return Demonstration Short film viewing on the proper handwashing technique Post-test 	BSN Students & Course Instructor
10:30-10:40	SNACK TIME	
10:40-10:50 am	Pre-Test on the Different food groups and nutritious food	BSN Students & Course Instructor




Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc, Mountain Province

10:50-11:30 pm	Health Education on the different food groups and nutritious food <ul style="list-style-type: none">• Lecture/Discussion• Film viewing on food groups• Games on Food Group classification• Post-test on food groups classification	BSN Students & Course Instructor
11:30-11:35	Closing Remarks	Fely B. Solang Course Instructor
11:35-11:37 am	Closing Prayer	Ms. Everly Shayne Buminsao BSN Student
11:37-12:37 pm	LUNCH TIME	
12:37-2:00 pm	Evaluation of Conducted Health IEC activity	BSN Student and Course Instructor
2:00 pm	Homeward bound	

Prepared by:


FELY B. SOLANG
Course Instructor

Noted:


ELMER D. PAKIPAC
Extension Director


ANNIE GRAIL F. EKID
Vice President for Research Development and Extension

Reviewed:


VILMA C. SAPIL
Coordinator, Learning and Development

Funds Available:


REXON T. DAMAYAN
Accountant III

Approved:


REXTON F. CHAKAS
College President

NOTE:

1. Funds Available portion of this form shall be initialed by the Director for Budget & Fiscal Planning before the Accountant signs.
2. For GAD appropriated activities, noted by portion shall be initialed by the GAD Focal Person

VISION

A preferred university of developmental culture and inclusive growth.

MISSION

It shall produce globally competitive leaders molded from a tradition of excellence and instruction, research, effective governance, sustainable entrepreneurship and an environment that assumes major responsibility in cultural vitality and well-being of the community.

GOALS OF THE NURSING DEPARTMENT

To produce nurses who are strong, dynamic and professionally competent, who would extend service infused with commitment, personal responsibility and humanitarian to all clients.

SPECIFIC OBJECTIVES OF THE NURSING DEPARTMENT

1. Provide a comprehensive basic nursing education necessary for acquiring the principles and methods of modern scientific nursing;
2. Prepare a globally competitive nursing workforce that will ensure safe and quality healthcare;
3. Improve the department's board examination results through the enhancement of the Nursing Program provision of in-house review and coaching to graduates.
4. Endeavor for the accreditation of the Nursing Education Program;
5. Conduct researches that will contribute to the improvement of Health Care and sanitation especially in the province.

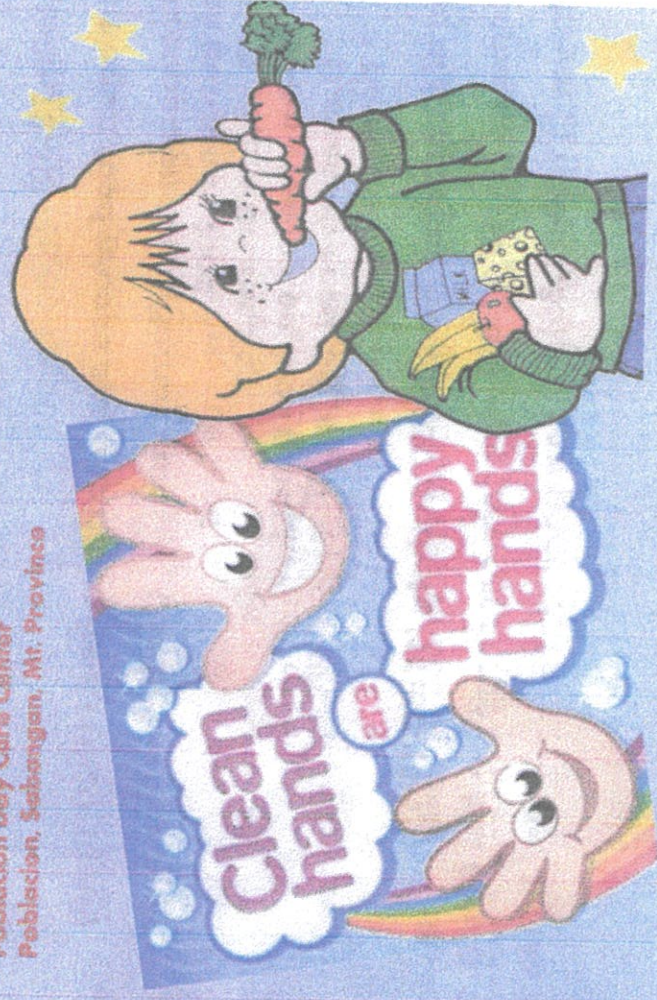


Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc, Mountain Province



Advancing PEACH for a Healthy Community through Health Information Education Campaign and Demonstration of Proper Handwashing and Nutrition

July 16, 2019 (9:00a.m.)
Poblacion Day Care Center
Poblacion, Sabangan, Mt. Province





NURSING DEPARTMENT

ACTIVITY DESIGN

I. GENERAL INFORMATION

Activity	: Advancing PEACH for a Healthy Community through Health Information Education Campaign and Demonstration of Proper Handwashing and Nutrition
Date & Time of Activity	: July 16, 2019 at 8:00 am to 2 pm
Venue of Activity	: Sabangan Day Care Center, Sabangan, Mountain Province
Proponent	: Fely B. Solang
Facilitators	: Fely B. Solang and BSN Students enrolled in N1- Health Education course
Participants:	: Pupils of Sabangan Day Care Center
Budget	: Php 10,050.00
Source of Fund	: Extension Unit

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Republic of the Philippines

Mountain Province State Polytechnic College

Bontoc, Mountain Province

NURSING DEPARTMENT

July 10, 2019

DR. REXTON F. CHAKAS

College President

Mountain Province State Polytechnic College
Bontoc, Mountain Province

RECEIVED

MPSPC-RECORDS OFFICE

BY: _____

DATE: 12 JUL 2019

Sir:

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Thank you very much.

Very respectfully yours,

Fely B. Solang
FELY B. SOLANG
Course Instructor

Noted:

[Signature]
JUNE H A. KIBLASAN, RN, PhD, DNS
Dean

cc: VPAA (faculty and student activity design)
VPAD (staff)
VPRDE (for RDE activities)
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Republic of the Philippines

Mountain Province State Polytechnic College

Bontoc, Mountain Province

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11:37-12:37 pm	LUNCH TIME	
12:37-2:00 pm	Evaluation of Conducted Health IEC activity	BSN Student and Course Instructor
2:00 pm	Homeward bound	

Prepared by:

Fely B. Solang
FELY B. SOLANG
Course Instructor

Noted:

Elmer D. Pakipac
ELMER D. PAKIPAC
Extension Director

Annie Grail F. Ekid
ANNIE GRAIL F. EKID
Vice President for Research Development and Extension

Reviewed:

Vilma C. Sapil
VILMA C. SAPIL
Coordinator, Learning and Development

Funds Available:

Rexon T. Damayan
REXON T. DAMAYAN
Accountant III

Approved:

Rexton F. Chakas
REXTON F. CHAKAS
College President

NOTE:

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2. For GAD appropriated activities, noted by portion shall be initialed by the GAD Focal Person



NURSING DEPARTMENT

ATTENDANCE SHEET

Title of Activity: Advancing PEACH for a Healthy Community through Health Information Education Campaign and Demonstration of Proper Handwashing and Nutrition

Date & Time:

Venue:

No.	NAME	GENDER			UNIT/OFFICE/ DEPARTMENT	SIGNATURE
		F	LGBTQ	M		
25.	Villarin, Hyacinth L.	/			BSN - II	
26.	RAMO, Hazel A.	/			BSN - II	
27.	Vista, Mark Anthony J.		/		BSN II	
28.	Layong, Jhona May T.	/			BSN I	
29.	CAPUYAN, KRIZHA JANE K.	/			BSN II	
30.	Andogan, Johanna Rose L.	/			BSN - II	
31.	Dilem, Florida P.	/			BSN - II	
32.	Wasian, Claudine E.	/			BSN I	
33.	MOGA, MYLENE C.	/			BSN I	
34.	Bumangay, Tracy Shyne G.	/			BSN	
35.	Fed-ar, Clarisa B.	/			BSN	
36.	Fely B. Solano	/			Faculty	
37.	DAISY F. FABIAN	/			Faculty	
38.	JESRAEL B. PAWID			/	BSN Dept. PROPERTY CUSTODIAN	
39.	Omaging Lucy C.			/	BSN II	
40.						
41.						
42.						
43.						
44.						
45.						
46.						
47.						
48.						

CERTIFICATION

This is to CERTIFY that the above is the true and correct attendance list of the participants/facilitators/secretariat of the above-mentioned activity.

This is to CERTIFY that the meals/snacks claimed for payment by the caterer was served to the above participants.

JUNE II A. KUBIARAN
End - User



Republic of the Philippines

Mountain Province State Polytechnic College

(Bontoc), Mountain Province

NURSING DEPARTMENT

ATTENDANCE SHEET

Title of Activity: Advancing PEACH for a Healthy Community through Health Information Education Campaign and Demonstration of Proper Handwashing + Nutrition

Date & Time: July 16, 2019 8:00am - 11:35am

Venue: Poblacion Day Care Center Poblacion, Sabangan, Mt. Province

No.	NAME	GENDER			UNIT/OFFICE/ DEPARTMENT	SIGNATURE
		F	LGBT	M		
1.	Aquila Dave N. Camed					
2.	Princess Vein Mangay-at					
3.	Rusle Busley					
4.	Antero kurt Ofo-ob					
5.	Jathniel Chalnoan					
6.	Russel kurt Taguibas				Day Care Pupils	
7.	Daen Rode Dup-et				BRENDIE DAMPAG	
8.	Fritz Gonzaga				Day Care Center Teacher	
9.	Kevin Dave Del Amor					
10.	Cayenne Papat-cw					
11.	Tyreign Pcdasen					
12.	Louryn Guiked					
13.	Shiran Sakid					
14.	Zena Cassandra Bumidang					
15.	Clyde Camed					
16.	Jeffrey kintas Baguigui					
17.	Kaylie Shane Dao					
18.	Modesto Grixus Bumidang III					
19.	BRENDA E. DAMPAG	✓			Day Care Teacher	
20.	ALLISON ZAE F. DEL AMOR	✓			Day Care worker	
21.	Floreeta G. Guiked	✓			Beg. kagawad	
22.	Pedro Gallate Jr.		✓		Beg. secretary	
23.	Anongyo, Emelyn Marie P	✓			BSP-11	
24.	Tacut, Aizelle Eve A.	✓			BSP-11	

CERTIFICATION

This is to CERTIFY that the above is the true and correct attendance list of the participants/facilitators/secretariat of the above-mentioned activity.

This is to CERTIFY that the meals/snacks claimed for payment by the caterer was served to the above participants.

JUNE II A. KIBLASAN
End - User

REIMBURSEMENT EXPENSES RECEIPT

DATE: 7-16-79

RECEIVED from M. P. S. P. C.
(Name)

the amount of (Official Designation)
Seven hundred seventy five
(In Words)

(P 770.00)
(In Figures)

in payment for 5 LOAVES — 300
1 TRAY Eggs — 200
MAYONNAISE — 270
770

PAYEE
Name/Signature B. K. N. S. T. P. G.
Address
Comm. Tax Cert. No.
Date of Issue
Place of Issue

SubTotal Php	150.00
GST Php	0.00
Pst Php	0.00
Total Php	150.00
CASH Paid Php	150.00
Change Php	0.00

Revised January 1992

REIMBURSEMENT EXPENSES RECEIPT

DATE: July 16, 2019

RECEIVED from MPSPC

(Name)

the amount of Three hundred pesos

(In Words)

(P 300.00)

(In Figures)

in payment for Plastic cups - 150pcs
Plastic Spoons - 150pcs

PAYEE

Name/Signature Matilda B.

Address _____

Comm. Tax Cert. No. _____

Date of Issue _____

Place of Issue _____

[illegible]

Cashier/Authorized Representative

Place of Issue Bontoc Mtn. Province

$$\begin{array}{r} 1010 \\ \hline 1660 \\ 3000 \\ \hline 4660 \end{array}$$

Revised January 1992

REIMBURSEMENT EXPENSES RECEIPT

DATE: July 15, 2019

RECEIVED from MPSC

(Name)

the amount of Two hundred pesos

(In Words)

(P 200.00)

(In figures)

in payment for 1kl Beans, 1 1/2 kl Repolup,
1kl Carrots

PAYEE

Name/Signature WHITE LUMBAG

Address POBLACION BONTOC MT. PROVINCE

Comm. Tax Cert. No.

Date of issue

Place of issue

REIMBURSEMENT EXPENSES RECEIPT

DATE: July 15, 2019

RECEIVED from MPSC

(Name)

the amount of one thousand and ten

(In Words)

pesos only (P 1,010.00)

(In figures)

in payment for 2 cases bottle juice

PAYEE

Name/Signature Tina Mico

Address TMBINGAN, SABANGAN (stop n shop)

(Grocery store)

Comm. Tax Cert. No.

Date of issue

Place of issue

REIMBURSEMENT EXPENSES RECEIPT

DATE: July 15, 2019

RECEIVED from MPSC

(Name)

the amount of FOUR HUNDRED FIFTY PESOS

(In Words)

(P 450.00)

(In figures)

in payment for 4.2 K CHICKEN

PAYEE

Name/Signature Jones Quilang

Address Bontoc Mtn. Province

Comm. Tax Cert. No. 438-984-643

Date of issue 4-11-05

Place of issue Bontoc Mtn. Province

1010
1660
3,000
4660



Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc, Mountain Province



TO:

Hon. Eduardo T. Palicos

Barangay Captain

Poblacion, Sabangan, Mountain Province

This is to inform your good office that we the MPSPC BSN-II Students enrolled in the subject Health Education will be conducting our Micro-Teaching activity in partial fulfilment for the requirement of the course.

In this regard we will be rendering the following activities as a primary knowledge for the Promotion of Health for young children at the Barangay Day Care Center:

1. Proper Handwashing Techniques

- Lecture
- Film Viewing
- Demonstration
- Return Demonstration

2. Importance of Good Nutrition (Go, Glow, Grow Foods)

- Lecture
- Film Viewing
- Games

We look forward to your favorable response and thank you in advance for your time and consideration.

Attached is the list of students who will be conducting the Micro teaching activity.

Thank you.



Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc, Mountain Province



TO:

Ms. Brenda Dampag
Day Care Center Teacher
Poblacion, Sabangan, Mountain Province

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Attached is the list of students who will be conducting the Micro teaching activity.

Thank you.


Respectfully yours,

BSN-II Students


Andogan, Johanna Rose L.


Anengyao, Emelyn Marie R.


Awilan, Joylen

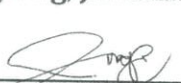

Buminsao, Everly Shayne G.



Capuyan, Krizha Jane K.


Dilem, Florida P.

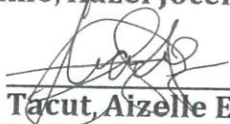

Fod - an, Clarissa B.



Layong, Jhonna Mae

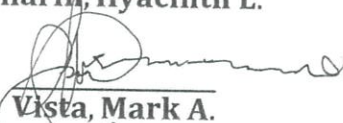

Moga, Mylene C.

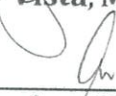

Omaging, Joey C.


Ramo, Hazel Jocelyn A.



Tacut, Aizelle Eve


Villarin, Hyacinth L.



Vista, Mark A.


Wasian, Claudine E.

Reviewed by:


Fely B. Solang
BSN Faculty

Noted by:


June Il A. Kiblasan
Dean of Nursing

COURSE OUTLINE/ SYLLABUS

ON PROPER HANDWASHING TECHNIQUES AND GOOD NUTRITION IN RELATION TO HEALTH

TOPICS	OBJECTIVES	EVALUATION
<ul style="list-style-type: none"> • PROPER HANDWASHING TECHNIQUE: <ul style="list-style-type: none"> ➤ Lecture- through lecture we can share or impart our knowledge and skills on doing proper hand washing technique and its importance. ➤ Film viewing- through using visual aids, young students can easily understand the said topic rather than just listening and viewing it through picture slides. ➤ Evaluation process- question and answer may apply where in it places the learners in active role. ➤ Actual demonstration- the lecturer may demonstrate the steps on proper hand washing techniques in a way that the young students can easily do it by their selves. ➤ Return demo- through return demonstration we can identify if the students understood the topics that was presented and demonstrated to them. • GOOD NUTRITION (GO, GLOW, GROW): <ul style="list-style-type: none"> ➤ Lecture- by lecturing on go, glow grow food pyramid we can be able to discuss on the importance and advantages of nutrition especially to the young students. ➤ Picture classification game- through the use of the cut outs of some nutritious foods the student may classify or categorize it either it belong to Go, Glow, Grow . 	<p>At the end of the course, students would be able to:</p> <ul style="list-style-type: none"> ✓ Understood the importance of proper hand washing techniques through health education and its implication in the promotion of health. ✓ Influenced others to comply effectively the steps of proper hand hygiene to stop the spread of germs ✓ Determined when hand washing is to be applied or performed. ✓ Demonstrated and applied effectively the steps or proper hand washing techniques. ✓ Improved their knowledge about hand hygiene ✓ Understood the importance of good nutrition on their daily lifestyle. ✓ Classify some on the nutritious foods that was lectured. 	<ul style="list-style-type: none"> ❖ Application on proper hand washing techniques ❖ Awareness on good nutritious foods ❖ Picture classification games ❖ Response on evaluation sheets.



Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc Campus
Bontoc, Mountain Province

ACTIVITY EVALUATION FORM

Taguibas, Russel Kurt

Title of activity:

Date conducted: July 16, 2019

Venue: Poblacion Day Care Center
Sabangan Mountain Province

Using the scale below, please rate the following features of the workshop.

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4- Very satisfactory (3.51-4.50) 5- Excellent (4.51-5.00)

1 Objectives and Relevance	5	4	3	2	1
a. Clarity and relevance	/				
b. Attainment of the activity objectives	/				
c. Usefulness of the activity/ topics to the participants	/				
2 Organization and preparation; Venue					
a. Preparation and organization of the activity		/			
b. Appropriateness of the venue of the activity		/			
c. Time allotment per activity/topic		/			
3 Speaker / Facilitator					
a. Mastery of the course or the content		/			
b. Use of effective means of communicating ideas		/			
c. Stimulation of the participant's interest		/			
4 Involvement of Participants					
a. Enthusiasm and interest shown	/				
b. Level of involvement of participants	/				
5 Overall Evaluation On a scale of 1(lowest) to 5(highest), please indicate your overall rating of the activity by encircling the number that corresponds to your assessments.	1	2	3	4	5

- Please write your valuable comments/ suggestions for the improvement of the succeeding activities/ seminars/ programs .



Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc Campus
Bontoc, Mountain Province

ACTIVITY EVALUATION FORM

DEAN BUP-ET

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Sabangan Mountain Province

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2. Organization and preparation; Venue					
a. Preparation and organization of the activity		✓			
b. Appropriateness of the venue of the activity		✓			
c. Time allotment per activity/topic		✓			
3. Speaker / Facilitator					
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Medico Building



Republic of the Philippines
Mountain Province State Polytechnic College
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Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc Campus
Bontoc, Mountain Province

Drake

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(Lorraine)

Gutted, Lourya



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Bontoc, Mountain Province

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Tyreign chell, Peadasen



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kylie shane Dao



Republic of the Philippines
Mountain Province State Polytechnic College
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Bontoc, Mountain Province

ACTIVITY EVALUATION FORM

Rusle, Biscay

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Modesto Bumbidang



Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc Campus
Bontoc, Mountain Province

Caranne Papat - 12

ACTIVITY EVALUATION FORM

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Bontoc, Mountain Province

Fritz Gonzaga

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ACTIVITY EVALUATION FORM

Camel, Aquila Dave

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4- Very satisfactory(3.51-4.50) 5- Excellent(4.51-5.00)

1.Objectives and Relevance	5	4	3	2	1
a. Clarity and relevance					
b. Attainment of the activity objectives					
c. Usefulness of the activity/ topics to the participants					
2.Organization and preparation; Venue					
a. Preparation and organization of the activity					
b. Appropriateness of the venue of the activity					
c. Time allotment per activity/topic					
3. Speaker / Facilitator					
a. Mastery of the course or the content					
b. Use of effective means of communicating ideas					
c. Stimulation of the participant's interest					
4.Involvement of Participants					
a. Enthusiasm and interest shown					
b. Level of involvement of participants					
5.Overall Evaluation On a scale of 1(lowest) to 5(highest), please indicate your overall rating of the activity by encircling the number that corresponds to your assessments.	1	2	3	4	5

- Please write your valuable comments/ suggestions for the improvement of the succeeding activities/ seminars/ programs .



Republic of the Philippines
Mountain Province State Polytechnic College
Bontoc Campus
Bontoc, Mountain Province

ACTIVITY EVALUATION FORM

Title of activity:

Date conducted: July 16, 2019

Venue: Poblacion Day Care Center
Sabangan Mountain Province

Using the scale below, please rate the following features of the workshop.

1- Poor (1.00-1.50) 2- Fair (1.5-2.50) 3- Satisfactory (2.51-3.50)

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1.Objectives and Relevance	5	4	3	2	1
a. Clarity and relevance					
b. Attainment of the activity objectives					
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- Please write your valuable comments/ suggestions for the improvement of the succeeding activities/ seminars/ programs .